

Substance Using Behaviors

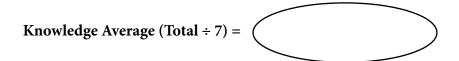
Facilitator As	ssessment of Pa	пистрапі					
Unique Client ID:	_ Assessm	ent Type: 🗆] Pre	☐ Post			
Facilitator:	Session	Session Type:					
Organization:	- Date Co	Date Completed: / /					
SCORING DEFINITIONS Strongly Agree Agree Maintenance only Further practice desirable	Furth	Disagree ver practice o oment requir		Strongly I asic skill/knov	_		
Circle the number that best represents your level of a (Attitudes, Knowledge and Skills).					ach category		
Attitudes		Strongly Agree	<u>Agree</u>	<u>Disagree</u>	Strongly Disagree		
1. The participant has positive thoughts and feeling making changes to his or her alcohol and other of		1	2	3	4		
2. The participant has a desire to make changes to h substance using behaviors.	nis or her	1	2	3	4		
3. The participant believes his or her substance using behaviors played a role in his or her involvement criminal justice system.	•	1	2	3	4		
4. The participant is concerned by the negative con he or she has experienced as a result of his or her and other drug use.		1	2	3	4		
Atti	itudes Averaş	ge (Total ÷ 4) =				
Knowledge							
 The participant has weighed the reasons to chang the costs of staying the same. 	ge against	1	2	3	4		
6. The participant has identified his or her risk factor alcohol and other drug use (psychological, social biological).		1	2	3	4		
7. The participant has identified the life areas (social and school, physical health, etc.) that are affected her alcohol and other drug use.		1	2	3	4		



Substance Using Behaviors

Facilitator Assessment of Participant

	Strongly Agree	<u>Agree</u>	<u>Disagree</u>	Strongly Disagree	
Knowledge (continued)					
8. The participant knows the people, places and things that are a negative influence for him or her.	1	2	3	4	
9. The participant knows the people, places and things that are a positive influence for him or her.	1	2	3	4	
The participant knows which of his or her feelings lead to alcohol and other drug use.	1	2	3	4	
11. The participant is aware of his or her high-risk self-talk that leads to alcohol and other drug use.	1	2	3	4	



Skills

The participant has set goals that are realistic, prosocial and meaningful.	1	2	3	4	
13. The participant has demonstrated an ability to effectively respond to peer pressure.	1	2	3	4	
14. The participant has challenged his or her high-risk self-talk about alcohol and other drug use.	1	2	3	4	
15. The participant uses strategies and techniques to cope with high-risk feelings (relaxation, time-outs, meditation, etc.)	1	2	3	4	
16. The participant engages in healthy behaviors and activities as a substitute for alcohol and other drug use.	1	2	3	4	

Overall Score

Overall Average (Overall Total ÷ 16) =