



# Substance Using Behaviors

Facilitator Assessment of Participant

<b>Unique Client ID:</b> _____	<b>Assessment Type:</b> <input type="checkbox"/> Pre <input type="checkbox"/> Post
<b>Facilitator:</b> _____	<b>Session Type:</b> <input type="checkbox"/> Group <input type="checkbox"/> Individual
<b>Organization:</b> _____	<b>Date Completed:</b> ____ / ____ / ____

## SCORING DEFINITIONS

**Strongly Agree**  
*Maintenance only*

**Agree**  
*Further practice desirable*

**Disagree**  
*Further practice or development required*

**Strongly Disagree**  
*Basic skill/knowledge deficit*

Circle the number that best represents your level of agreement. Then, calculate the average score for each category (Attitudes, Knowledge and Skills). Refer to the instructions to interpret scores.

## Attitudes

	<u>Strongly Agree</u>	<u>Agree</u>	<u>Disagree</u>	<u>Strongly Disagree</u>
1. The participant has positive thoughts and feelings about making changes to his or her alcohol and other drug use.	1	2	3	4
2. The participant has a desire to make changes to his or her substance using behaviors.	1	2	3	4
3. The participant believes his or her substance using behaviors played a role in his or her involvement in the criminal justice system.	1	2	3	4
4. The participant is concerned by the negative consequences he or she has experienced as a result of his or her alcohol and other drug use.	1	2	3	4

Attitudes Average (Total ÷ 4) =

## Knowledge

5. The participant has weighed the reasons to change against the costs of staying the same.	1	2	3	4
6. The participant has identified his or her risk factors for alcohol and other drug use (psychological, social and biological).	1	2	3	4
7. The participant has identified the life areas (social life, work and school, physical health, etc.) that are affected by his or her alcohol and other drug use.	1	2	3	4



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Strongly Agree      Agree      Disagree      Strongly Disagree

## Knowledge (continued)

8. The participant knows the people, places and things that are a negative influence for him or her.	1	2	3	4
9. The participant knows the people, places and things that are a positive influence for him or her.	1	2	3	4
10. The participant knows which of his or her feelings lead to alcohol and other drug use.	1	2	3	4
11. The participant is aware of his or her high-risk self-talk that leads to alcohol and other drug use.	1	2	3	4

Knowledge Average (Total ÷ 7) =

## Skills

12. The participant has set goals that are realistic, prosocial and meaningful.	1	2	3	4
13. The participant has demonstrated an ability to effectively respond to peer pressure.	1	2	3	4
14. The participant has challenged his or her high-risk self-talk about alcohol and other drug use.	1	2	3	4
15. The participant uses strategies and techniques to cope with high-risk feelings (relaxation, time-outs, meditation, etc.)	1	2	3	4
16. The participant engages in healthy behaviors and activities as a substitute for alcohol and other drug use.	1	2	3	4

Skills Average (Total ÷ 5) =

## Overall Score

Overall Average (Overall Total ÷ 16) =